

**DELHI PUBLIC SCHOOL JAMMU**

**SESSION 2025-26**

**MONTH: APRIL**

**ASSIGNMENT**

**CLASS: VI**

**SUBJECT: SCIENCE**

**TOPIC: 1. THE AMAZING WORLD OF SCIENCE**

**2. MINDFUL EATING**

Q1. Exploring the world around us is a key part of \_\_\_\_\_.

- a) Hindi
- b) Science
- c) Maths
- d) None of these

Q2. **Assertion (A):** Animals are the only source of protein for us.

**Reason (R) :** Foods rich in protein are called body building foods.

- a) Both A and R are true, and R is the correct explanation of A.
- b) Both A and R are true, but R is not the correct explanation of A.
- c) A is true, but R is false.
- d) A is false, but R is true.

Q3. Why water is like a magical liquid?

Q4. How do dietary fibres help our body?

Q5. Explain the role of vitamin and minerals in our body. What can happen if we do not get enough of these nutrients?

Q6. Observe the diagram given below and answer the question that follows:



- a) Identify the disease the person given in the image is suffering from.
- b) Deficiency of which nutrient cause this disease?