

DELHI PUBLIC SCHOOL, JAMMU
SYLLABUS BIFURCATION
SESSION (2025-2026)
Subject code :037

CLASS XII

SUBJECT: PSYCHOLOGY

Objectives:

To develop in learners an appreciation of the nature of psychological knowledge and its application to various aspects of life.

To enable learners to become perceptive, socially aware and self-reflective.

To facilitate students' quest for personal growth and effectiveness, and to enable them to become responsive and responsible citizen

S.NO.	MONTH	NAME OF THE LESSON
1	APRIL	Chapter 1- Variation in psychology attribute -Foundation sheet for review of previous concept
2	MAY	Chapter 2- Self and personality • <u>Activity</u> Revision of concepts through Class discussions.

3	JUNE/JULY	Chapter 3-Meeting life challenges -<u>Activity</u> - Case File Discussion of CBSE project
4	AUGUST	Chapter 4 Psychological disorder • <u>Activity</u> PowerPoint Presentation on the topic- human behavior attention and perceptual process.
5	SEPTEMBER	Chapter 5- Therapeutic Approaches <u>Activity</u>

		class discussion Practical
6	OCTOBER	Chapter 6- Attitude and social cognition <u>Activity</u> Power point presentation
7	NOVEMBER	Chapter 7- Social influence and group processes Practical
9	DECEMBER	Sample paper -Doubt clearing sessions

10	JANUARY	Revision <ul style="list-style-type: none"> • Revision work with the help of Sample Paper • Revision work with the help of CBSE Sample Paper
11	FEBRUARY	Revision Practical and case file
12	MARCH	Revision of the Syllabus

EXAM SCHEDULE

SYLLABUS FOR FORMATIVE ASSESSMENT-I

CHAPTER 1 .Variation in psychology attributes.

Chapter 2. Self and personality

SYLLABUS OF FORMATIVE ASSESSMENT-II

Chapter 3.Meeting life challenges

Chapter 4.psychological disorder

SYLLABUS FOR HALF YEARLY EXAMINATION

Chapter 1. Variation in psychology attributes

Chapter 2. Self and personality

Chapter 3.Meeting life challenges

Chapter 4.psychological disorder

Chapter 5. Therapeutic approaches

SYLLABUS FOR PRE-BOARD -I AND PRE BOARD -II

Chapter1.Variations in psychology attributes .

Chapter 2.Self and personality

Chapter 3. Meeting life challenges

Chapter 4. Psychological disorder

Chapter 5. Therapeutic approaches

Chapter 6. Attitude and social cognition

Chapter 7. Social influence and group processes

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