

**Delhi Public School Jammu**

**Session 2025-26**

**Month : May**

**Class : II**

**Subject : Environmental Concepts**

**Topics-** L-2, Food for Us and L-3, Clothes For Us

**A) Choose the correct option :-**

1. People who do not eat fish, eggs and meat are called \_\_\_\_\_.

- a) Vegetarians                      b) wrestlers                      c) non- vegetarians

2. We wear different kinds of clothes in different \_\_\_\_\_.

- a) winter                      b) summer                      c) seasons

**B) Fill in the blanks with the words given below:-**

three, work, play, spinning

1. There are \_\_\_\_\_ main kinds of foods.

2. Energy-giving foods give us energy to \_\_\_\_\_ and \_\_\_\_\_.

3. Making thread from cotton is called \_\_\_\_\_.

**C ) State true or false.**

1. When we do not have energy we feel tired.      (   )

2. People who eat fish, eggs and meat are called vegetarians.      (   )

3. We should wear dirty clothes.      (   )

**D ) Who am I.**

1. I am a type of food that prevent you from falling sick. I am \_\_\_\_\_.

2. You wear me when you go to school. I am \_\_\_\_\_.

**E. Answer the following questions :-**

Q1. What are body-building foods ? Give two examples.

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Q2- What is a balanced diet ?

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Q3- Where do we get silk from ? What is silk used for?

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Q4- Draw and name any 2 energy- giving and 2 body-building foods.

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